

Working together  
to make Britain  
a great place  
to grow old



positive about age  
practical about life

Making Britain  
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# WRVS Integrated services

- Pre-hospital befriending and support
- Nutrition
- Care for pets
- Community transport

- WRVS volunteer on every adult ward
- On-ward services
- Befriending and support
- Pastoral care



- Good Neighbours service
- Social and lunch clubs
- Community transport
- Books on Wheels

- Support at home when discharged
- Community transport
- Support to remain independent and mobile

- Keeping people connected
- Reducing isolation
- GP partnerships
- Resilience and Recovery - support in the community

# Capturing outcomes for older people

## Being healthy and keeping safe

- Improving diet and nutrition
- Improving physical activity
- Improving social activity
- Improving discharge from hospital

## Staying connected and reducing isolation

- Connected, social networking
- Social activities
- Mobility
- Walking

Delivering practical support through the power of volunteering so older people can live the life they want

## Positive contribution

- Active in community
- Local groups
- Inter-generational work
- Volunteering

## Choice and control

- Supporting independence
- Information and signposting
- Tailored support packages for being at home, in the community or in hospital

## Enjoy and achieve

- Social networking activities
- New skills
- Maintaining lifestyles

# Sheffield On Ward Dementia Support pilot service

WRVS and Sheffield Teaching Hospitals NHS Foundation Trust are working in partnership to improve the quality of stay for older patients with dementia whilst in hospital. We offer personalised support by trained volunteers with the guidance of a specialist Dementia Nurse and the WRVS Service Manager.

## Key Objectives

- To improve wellbeing, dignity and social engagement for older people.
- To support and encourage patients to eat and drink.
- To provide respite time for carers.
- To reduce the length of stay in hospital.
- To reduce pressure sores, urinary tract infections and falls per patient.

All the objectives are being met

# **Social Isolation on the Ward**

- **Patients can get lonely even on a busy ward**
- **Unfamiliar surroundings and people**
- **Language barriers**
- **Hearing impairment**
- **Difficulties with family/carers visiting**
- **Infection control measures**

# What our volunteers do

Chatting, Hand massages  
Singing, Music Therapy, Reading  
Companionship, Games, Art  
Encouraging to eat and drink  
Helping patients to keep mobile  
Creating meaningful moments  
Carer support.

We keep a log of the individual  
patient activities so families and  
carers can understand the type of  
support being given

# Combating Social Isolation in the Community

- Provision of a Good Neighbours service
- Currently South Sheffield but looking to expand
- Asking Older People what they need
- Meeting those needs ourselves or through partner agencies
- Potential developments include:
  - transport services, escorting to appointments, shopping
- Volunteers identifying social isolation within communities
- Link with On Ward services – Home from Hospital service

# Any Questions?



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