

Ageing: topics identified at Future Years AGM

The side headings in **bold** are themes from the LGA paper: *Ageing: the silver lining*. The bucket points underneath are the suggestions made by delegates to the Future Years AGM.

Where these do not match I've listed them at the end.

There are two underlining issues identified by the LGA which cut across all the themes :

- **Information and Advice**
- **Age Friendly approach**

Housing and Neighbourhoods

Care homes – sheltered housing – private & social

Housing for older people

The diminishing support in the community for keeping people at home and independent (*Care in Crisis?*)

Outdoor spaces and buildings / Health and Wellbeing / Social Participation

Leisure activities as relevant to health

More on wellbeing

Prevention services

Younger people – healthy ageing

Healthy eating

Exercise

Two suggestions focused on Mental health:

Dementia (touch upon but was not discussed at length)

Mental health – purpose, self-worth, value

Transport

No details.

Economic activity and Civic Engagement

Employment

Retirement

Pensions and welfare issues. (*Pensioner Poverty*)

Raising cash with equity on house

Motivate senior citizens to participate

50+ festivals in every village, town, city!

More on changes in structure to encourage full participation of older people at planning stage

How LA's are working at grass root levels to show those who attend what is already being done (more positive light)

Councils should have older person champions

Local authority input

Potential changes to local government structure and the implications of devolution.

Suggestions which did not fit neatly with the LGA headings:

Diversity issues:

Ethnicity and ageing, culture & language
Health inequality vis-à-vis ethnicity
OLGBT issues
Vulnerable adults

Death and dying:

Dignity in dying
A good death
Inadequacy of old age planning by individual to face fearing and discussing death and dying

Other areas mentioned

AWOC Ageing without children
Groups sharing good practice
IT for elderly
Carers' information